

How to Organize a Group Discussion about **Approved for Adoption**:

1. Schedule a time to watch it. Watch it in parts if you need to. Take notes, scenes and characters that stick out to you, you could even use the discussion guide to give you clues about what to look for (although this would kinda function as a spoiler...?).
2. Then, schedule a time/place to talk about it with others. This is hard with all our busy schedules, so maybe even plan something a couple months in advance to give yourself and others plenty of time. Appoint yourself or designate a host and facilitator. Fun fact, many local libraries (even thrift shops) have a community room to reserve at no cost.
3. On discussion day, set it up comfortable, a soothing environment if possible, be mindful of setting and arrangement, I'm a fan of sitting in circles, everyone can see and hear each other. Snacks are a plus, too :) Tissues. Set a tentative start and end time. Music or no music in the background, your call. Be prepared to express your thoughts and emotions, it will set the stage for others in your group to do the same. And together through this discussion, we'll become further equipped to love those around us, wherever we are in the adoption journey.
4. I've provided you with discussion prompts in the free downloadable PDFs, please adjust them to fit your needs. Gosh I'm so excited for you!!!
5. Lastly, I can't wait to hear how your groups go, please message me, leave comments on Instagram, facebook, anywhere. Let me know how it goes and let me know which movie you'd like me to address next.

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